



THE AUSTRALASIAN COLLEGE OF DERMATOLOGISTS

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Dermatology Australasia and Australasian College of Dermatologists

Course outline:

Eczema

2026



Dermatology
AUSTRALASIA

1. Course information

1.1 Course aims

Atopic dermatitis (AD), otherwise called atopic eczema, is a chronic, or acute or chronic skin condition, which forms part of the atopic triad with asthma and allergic rhinitis.

The course also covers in detail specific conditions that often have an association with internal abnormalities, and the most relatively common diseases and conditions you will encounter in your daily practice as a GP.

1.2 Learning Outcomes

After completing this module, you should be able to:

1. Identify and describe cutaneous changes that may be associated with eczema
2. Critically analyse clinical cutaneous observations and/or investigations to diagnose eczema
3. Plan and develop treatment and management regimens appropriate to eczema
4. Assess when to refer a patient on to a specialist dermatologist

1.3 Learning and teaching activities

The course is organised into seven components.

- **Pre-learning activities:** are completed prior to starting the course and include a self-rating of your current skills and knowledge about eczema.
- **Self-paced online modules:** There are three self-paced online modules. At the end of each module participants will need to complete the Topic Scenarios which consist of case studies with T/F or multiple choice questions.
 - Atopic Eczema/Dermatitis
 - Endogenous Dermatitis
 - Specific Disorders
- **Case Discussion Forum:** This is a forum where students list differential diagnosis, treatment and management options on various case studies. Lecturers and other students can provide feedback for discussion. This is an interactive course component.
- **2 Case Study Submissions:** In approximately 500 – 600 words students need to submit 2 cases from their practice that are relevant to eczema. They need to present:
 - Clinical finding of the case
 - Any investigations
 - Description of the management
 - Photos of the clinical case (if possible)
 - Summary of the case – therefore a reflection of the main learning points; how the patient was managed, rationale as to why this particular patient was managed in this way or in retrospect what could you have done differently and any other significant learning points. Please include a reference to a literature review.
- **Webinars:** 1 live webinar is held as part of this course in Trimester 2. Attendance or watching the recording are mandatory. Attendance is preferred, as it is an opportunity to interact with your lecturer and colleagues.
- **Final Assessment:** The final assessment for the subject is an online 60-minute examination with 36 case-based questions.
- **Post-course Self Reflection:** completed after starting the course and includes a self-rating of your acquired skills and knowledge about eczema.

Clinical scenarios are the main teaching and assessment tool across all learning modes of the course. They illustrate the essential content in the online modules. They are used to assess the application of knowledge and skills in the end-of-topic tests and final examination.

2. Course Structure and Outline

You can enroll in this course at any time to access the course material. This course is delivered over a 16 - week period and is self-paced.

Please be advised that webinars are only run in Trimester 2 of each year and enrolment in this Trimester is thus encouraged.

The course consists of a total of approximately 23 hours of student effort. Here is a general overview of how long items may take:

- 2 hours orientation/planning/pre- and post-reflection exercises
- 11 hours online learning
- 1 hour live webinar
- 2 hours Case Discussion Forum
- 4 hours Case Study Submission
- 1 hours Final Online Exam
- 2 hours Additional Reading

CPD Hours

| | Total Hours | Educational Activities | Performance Review Activities | Outcome Measurement Activities |
|-----------------|-------------|------------------------|-------------------------------|--------------------------------|
| RACGP CPD Hours | 23 | 14 | 7 | 2 |
| ACRRM PDP Hours | 23 | 14 | 7 | 2 |

| | |
|-----------------------------|---|
| 1. Atopic Eczema/Dermatitis | <ul style="list-style-type: none">• Introduction• Overview• Clinical Features• Acute vs Sub-acute vs Chronic• Treatment Options• Topical Cortico-steroid Use• Other Options |
| 2. Endogenous Dermatitis | <ul style="list-style-type: none">• Asteatotic and stasis dermatitis• Hand Eczema• Fingertip eczema• Irritant contact dermatitis• Allergic contact dermatitis |
| 3. Specific Disorders | <ul style="list-style-type: none">• Nummular (discoïd eczema)• Pompholyx (dyshidrotic eczema)• Pityriasis alba• Ichthyosis vulgaris• CVI |

3. Assessment

3.1 Assessment tasks

| Tasks | Task Description | Time | Weighting |
|---|---|--|--------------------------------|
| Quizzes & Practice Scenarios | Complete the 3 topics and associated activities such as short diagnostic quizzes and practice scenarios. | At the end of the relevant topics | Need to pass to proceed |
| Webinar | Attend the live or view the recorded webinar | | Compulsory to complete |
| Case Discussion Forum | Reply to at all the available cases | Throughout enrolment | 10% |
| Case Study Submission x 2 | 500 words on relevant Eczema case | No later than 2 weeks before Trimester end | 75% pass mark 40% weighting |
| Final Online Exam | A mark equivalent to 75% of the total possible mark for the exam must be obtained to be considered to have passed the exam. | After completing the content, 60 minutes | 75% pass mark 50% weighting |

3.2 Academic integrity, referencing and plagiarism

Be sure to provide a list of references whenever you draw on someone else's words, ideas or research to inform your own work. Not referencing other people's work can constitute plagiarism.

Please read the ['ACD Academic Misconduct policy.'](#) This policy is available on the ACD Website.

4. Readings and resources

Reading and Resources for examinable material will be provided within the course content. Some extended readings and resources need to be independently sourced.

5. Administrative matters

Please see our Terms and Conditions [here](#).

For further information or questions about the course, please contact enquiries@dermatologyaustralasia.com.au.

The Australasian College of Dermatologists complies with the requirements of the Federal Privacy Act and the National Privacy Principles. A full copy of the College's privacy policy is available [here](#).

Acknowledgements

The Eczema course has been developed by fellows of the Australasian College of Dermatologists. We particularly thank the dermatologists who have written and reviewed the course materials and supplied clinical and dermoscopic images, as well as facilitating the case discussion forum and webinars:

- Gayle Fisher
- Daniel Hewitt
- Dr Alvand Amiri
- Dr Andrew Swarbrick
- Dr Amil Jockoo
- Dr Kelvin Truong
- A/Prof Deshan Sebaratnam

The course development process has been managed by a GP Skin Cancer Task Force with the following college members:

- Dr Benjamin Carew
- Dr Daniel Hewitt
- Dr Simon Lee
- Dr Victoria Mar
- Dr Jim Muir
- Dr Adam Sheridan
- Associate Professor Peter Soyer

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